



2023

27th National Research Conference

**Pregnancy Complicated by
Diabetes: Guidelines for
Care and Dealing with
Challenges**

**Live Virtual Format November 3-4
(or view as a recorded webinar)**

Live virtual
sessions with live
access to speakers for
questions/answers.
OR
Recorded sessions with
access to viewing for a
limited time



RNNCEs

Conference Information and Registration
Sweet Success Express - Right Now Nursing CE's, LLC
419-570-6093 - www.rnnces.com

COURSE DESCRIPTION

27th Annual National Research Conference: Pregnancy Complicated by Diabetes: Guidelines for Care and Dealing with Challenges

Changes have come to many of us in this post Covid world of practice. RNNCEs must again provide this important annual conference as a "live" virtual event. We are again offering the alternative: of recorded sessions that may be viewed for a limited time.

Practitioners working in Women's Health and Obstetrics know that adding the comorbidity of diabetes complicates care. This annual conference has in the past had a stricter research focus. Last year the conference moved to a more practical focus on the guidelines for care. The evaluations overwhelmingly said that this was well received. Thus, we are following that format again this year, but also adding case studies on challenges that are met in practice.

We recognize that in present national maternity care the unfortunate reality of Maternity Care Desserts exists. Women with complex needs may have poor access to care and a greater risk of absent specialized care. The necessity for a coordinated team approach starting with knowledge of guidelines to care and alertness to signs of challenges and resources to meet specialized care needs are obvious. The goal of this year's conference is to provide broader access to guidelines of care and the available resources.

The curriculum is presented by a group of clinical experts and will work from both the SSE Guidelines at a Glance and the 2020 published "Society for Maternal-Fetal Medicine Special Statement: Updated checklist for antepartum care of pregestational diabetes mellitus". Each presenter will then utilize a case study of a challenging clinical situation for each topic.

Pregnant families rely on all members of the health care team to have sufficient knowledge to provide standards of care, meet the complex needs in a pregnancy with the comorbidity of diabetes to assist in order to reduce the risk of maternal and infant morbidity and mortality. All staff in Outpatient settings, Antepartum testing, Labor & Delivery, Nursery, NICU, and Mother-Baby Units are essential team members.

The content is based on the work of SSEP, California Diabetes and Pregnancy Program (CDAPP) Sweet Success model of care, the current American Diabetes Association Standards of Medical Care, and recommendations and guidelines by The American College of Obstetricians and Gynecologists and The Society for Maternal-Fetal Medicine. The seminar is brought to you by the work of Sweet Success Express, an extension of the previous work of SSEP (Sweet Success Extension Program). SSEP had been recognized by diabetes and pregnancy leaders nationwide. Technical and management responsibilities for this event are contracted through Right Now Nursing CEs.

Pregnancy Complicated by Diabetes: Guidelines for Care and Dealing with Challenges

Live Virtual format on November 3 and 4, 2023
Or choice and alternative registration:
Recorded sessions available after November 13
for purchase with a limited viewing time.

The Live Virtual option allows you live interaction/Q&A with the speakers.
The alternative registration option,
Recorded Sessions, allow viewing to meet your
schedule (available starting November 13).
Questions can be submitted to the speakers
via e-mail, providing you remote Q&A access.

We encourage early registration and are offering
Early Bird savings for registrations
prior to October 7, 2023

Conference access for either option will be via e-mail.
The conference will utilize the
GoToWebinar.com and Filesanywhere.com platforms.

Technical management of the event will be handled by
Right Now Nursing CEs, LLC (RNNCEs).

If you wish to have a handout of the
presentations you have two options as well:
A pdf version by link that you may print; or you
may order a Printed/Bound/Shipped handout book
for an additional charge. (Be sure to register with
enough time to receive materials). If you are a SSE
member the printed and shipped
handout is sent complimentary.
We ask that you respect that all materials
are the property of the speaker.

Continuing Education Certificate Provision:
Sent via e-mail after submission of the on-line
evaluation, and log-in verification

CONTINUING EDUCATION CREDITS

Nurses: Up to 15.5 Hrs Nursing BRN.

This program is designed to meet Board of Nursing CE requirements for license renewal in all 50 states. Right Now Nursing CEs, LLC (RNNCEs) is a provider approved by the California Board of Registered Nursing. Provider #17583.

Physicians: Category II CME can be self submitted.
RD/DTR: CPE Prior Approval applied for with the Commission on Dietetic Registration.

COURSE OBJECTIVES

At the conclusion of this program the participant will be able to:

Overall Objectives:

1. Examine the multiple components of care for pregnancy complicated by diabetes, recognize complications and respond to challenges.
2. Explore continued ways to acclimate and get ahead of the curve to make the greatest impact and influence in care.
3. Describe currently released evidence-based management strategies that can improve clinical outcomes.

Specific Objectives:

- Review preconception care guidelines for women with diabetes or a history of Gestational Diabetes.
- Identify pregnancy-related comorbidities and the role of glycemic control in minimizing these comorbidities.
- Define a comprehensive understanding of treatment goals in the care of women whose pregnancy is affected by diabetes.
- Discuss the use of other testing means and modalities, including ultrasound, in the assistance of providing optimal care in pregnancy affected by diabetes.
- Describe the idea of pregnancy as a window to future health and how diabetes fits into this paradigm.
- Explore the evidence and resources regarding medications and vaccines use in pregnancy.
- Discuss the risks to the fetus when the mother contracts Covid-19 during pregnancy.
- Describe the basic components of Medical Nutrition Therapy and education of both the family and practitioners for ability to manage.
- Utilize a Food Guide as a resource for patient education, and adapt for a vegetarian diet plan.
- Describe the use of continuous glucose monitoring and insulin pump therapy in the management of diabetes during pregnancy.
- Explain how hybrid closed loop insulin delivery systems work.
- Engage in analysis of CGM data and its interpretation.
- Describe the use of continuous subcutaneous insulin infusion devices.
- Discuss normal sleep in pregnancy and current evidence related to interventions to improve sleep in pregnancy.
- Analyze current research related to sleep disturbance in pregnancy (with focus on pregnancies complicated by diabetes).
- Compare the relative efficacy and safety of Insulin Metformin, and Glyburide for the treatment of Gestational Diabetes.
- Describe current guidelines for intrapartum care planning, counseling, and management for women with diabetes in pregnancy.
- Assess the changing times and how to pivot for optimal impact for in person and virtual appointments with remote glucose monitoring.
- Define remote patient monitoring (RPM).
- Discuss billing and reimbursement of RPM services.
- Explain how to implement RPM of glucose services in your practice.
- Discuss strategies to improve medication and device affordability.
- Analyze current research and open questions in research on care guidelines for Diabetes in pregnancy.
- Describe guidelines for care for newborns born to mothers with diabetes in pregnancy.
- Highlight the known effects of Covid-19 ~ does it cause congenital defects and/or congenital infection? Are pregnant diabetics at a higher risk?

FACULTY

Bedell, James L., DO: Senior Physician, Maternal Fetal Medicine, Kaiser Permanente, Northern California, Modesto, CA

Farabi, Sarah Schwarz, PhD, RN: Assistant Professor Goldfarb School of Nursing; Assistant Professor of Clinical Medicine Washington University School of Medicine, St. Louis, MO

Hernandez, Teri, PhD, RN: Professor and Associate Dean for Research and Scholarship, University of Colorado College of Nursing, Department of Medicine, Division of Endocrinology, Metabolism, & Diabetes, Nurse Scientist | Children's Hospital Colorado, Associate Director, CCTSI Early Life Exposure Research Program, Denver, CO

Inteso, Christina, PharmD, BCACP, CDCES: Clinical Pharmacy Specialist- Corewell Health, Grand Rapids, MI

Karp, Tracy, MS, NNP-BC: Neonatal Nurse Practitioner, Educator and Consultant. Salt Lake City, UT

Nau, Christopher, MD: Assistant Professor, Department of Reproductive Biology Case Western Reserve University School of Medicine; Division of Maternal Fetal Medicine, Cleveland, OH

Parke, Cindy, RNC, CNM, MSN: Right Now Nursing CEs, Director of Education, Toledo, OH

Perrotta, Kirstie, MPH: Teratogen Information Specialist, MotherToBaby California. Member of Organization of Teratology Information Specialists (OTIS) and San Diego Immunization Coalition (SDIC) Steering Committee, San Diego, CA

Rao, Geetha, MS, RD, CDCES, CPT, CLE, CDTC: Clinical Dietitian/Certified Diabetes Care and Education Specialist, Texas Children's Hospital- Pavilion For Women, Houston, TX

Vaca, Julia, RN, BSN, CDOE: Diabetic Educator, Women & Infants Hospital, Division of Maternal Fetal Medicine, Providence Rhode Island

PROGRAM PLANNERS

Joann Henry, RNC, MSHS - Advisor

²² Cindy Parke, RNC, CNM, MSN - Program Planner; Conference Director/Organizer

Teri Hernandez, PhD, RN - Program Planner; Conference Organizer

Julie Daley, RN, MS, CDE - Advisor

Kimberly Maurer, LPN, BASc., PCM, CPI: Conference Organizer

Nathan Parke, CEO RNNCEs: Technical Consultant, Virtual Coordinator

CONFERENCE PRESENTATIONS

Live Times are Mountain Standard Time

FRIDAY, NOVEMBER 3

- 7:30 Welcome and Introduction
CINDY PARKE
- 7:45 Identification and Management of Co-morbid Conditions with Diabetes in Pregnancy
JAMES BEDELL
- 9:00 Ultrasound and Other Testing: Managing Complex Treatment Plans
JAMES BEDELL
- 10:15 Utilization of Resources for Medication and Vaccine Exposure in Pregnancy
KIRSTIE PERROTTA
- 11:30 - 12:15 LUNCH BREAK
- 12:15 Medical Nutrition Therapy and Utilization of a Food Guide Including Vegetarian Choices
GEETHA RAO
- 1:30 Updates in CGM devices and Closed Loop Insulin Pump Technology with Case Study
JULIA VACA
- 3:30 Sweet Dreams: The Role of Sleep in Pregnancy and Diabetes
SARAH FARABI
- 4:45 Conference Ends Day 1

CONFERENCE PRESENTATIONS

LIVE Times are Mountain Standard Time

SATURDAY, NOVEMBER 4

- 8:00 Guidelines for Oral Hypoglycemics as Treatment for Diabetes in Pregnancy
CHRISTOPHER NAU
- 9:15 L&D: Counseling and Planning: Delivery Decisions/EFW/Labor Management
CHRISTOPHER NAU
- 10:30 Navigating Access and Affordability of Medications, Insulin Pumps, and CGM for Diabetes During Pregnancy"
CHRISTINA INTESO
- 11:45 - 12:30 LUNCH BREAK
- 12:30 Ins and Outs of Remote Patient Monitoring: An Update and Case Review
CHRISTINA INTESO
- 1:45 What's New in Gestational Diabetes? Open Questions, Recent Evidence, and Practice Implications
TERI HERNANDEZ
- 3:00 Neonatal Care and Challenges Specific to the Pregnancy Affected by Diabetes
TRACY KARP
- 4:15 Conference Ends Day 2

REGISTRATION: Pregnancy Complicated by Diabetes: Guidelines for Care and Dealing with Challenges
Live Virtual event on November 3-4, 2023 OR Recorded after November 13

NAME _____
License# _____
 MD DO CNM RN CDCES RD RD/LDN MSW/LCSW
My clinical practice area is: _____
HOME Address _____
City _____ State _____ Zip _____
Day Phone (_____) _____
E-mail address: _____

EASY REGISTRATION:
Register on-line with CC
rnncces.com/diabetes-in-pregnancy/
OR
email: info@rnncces.com for an invoice to pay
OR
Mail Your Registration To:
6725 W. Central Ave.
Suite M, PMB 327
Toledo, OH 43617
OR
call 419-570-6093 9A-3P ET M-F

REGISTRATION OPTIONS: CHOICE EITHER THE LIVE VIRTUAL OR RECORDED WEBINARS

- LIVE VIRTUAL CONFERENCE Early Bird Registration (before 10/7/23) \$315: \$180 for a one day registration
 - RECORDED CONFERENCE LINKS Early Bird Registration (before 10/7/22) \$315: \$180 for a one day registration
 - REGULAR REGISTRATION FEE for EITHER OPTION (AFTER 10/7/23) \$345: \$210 for a one day registration
- PRINTED/BOUND/MAILED HANDOUT. To ensure timely delivery must order before 10/20/23 ADD \$40EB/\$50Reg

PROGRAM FEES & DISCOUNTS: Insert Appropriate Fee(s) below **CHECKOUT:**

If you wish to check out with this form instead of doing an online registration and payment, this is the information we will need. **DO NOT MAIL THIS FORM.**
Please email info@rnncces.com and request a return email that will be used to collect the information below, then a Pay Pal invoice will be generated.

CURRENT SSEP/SSE MEMBER MBR# _____
Conference membership bonus: 2 complimentary printed and bound handouts mailed.

PLEASE CHECK: ATTENDING LIVE VIRTUAL EVENT WILL VIEW RECORDED SESSIONS

CONFERENCE REGISTRATION: Save\$\$ with Early Bird Registration: Before 10/7/23	
__ Two Days (\$315) __ Day One only (\$180) __ Day Two only (\$180)	\$ _____
Printed/Bound/Mailed Handout Add \$40 (Unless you are a member, then N/C)	\$ _____
Regular Registration on or after October 7, 2023	
__ Two Days (\$345) __ Day One only (\$210) __ Day Two only (\$210)	\$ _____
Printed/Bound/Mailed Handout Add \$50 (Unless you are a member, then N/C)	\$ _____

Check payable to RNNCEs **TOTAL DUE** \$ _____
Mail to RNNCEs; 6725 W. Central Ave, Suite M, PMB 327, Toledo, OH 43617



2023 Diabetes & Pregnancy Conference
Perinatal Diabetes:
Guidelines for Care and Dealing with Challenges
November 3-4, 2023

WHO SHOULD “ATTEND”?

**Physicians & Midwives - Residents in
Medicine, OB, Peds - All OB Nurses -
OB Office & Clinic Staff
Diabetes Educators - Social Workers -
RDs -Students in Nursing and Dietetics -
CDCES needing renewal credits**

CANCELLATION POLICY: Up to 10 days before the program choose: Registration fee refund minus \$50 fee, with return of the handout. Cancellation within 2 days of live event: no monetary refund, replace registration with recorded webinar option. Conference management reserves the right to substitute a qualified speaker(s) in response to emergency circumstances beyond our control.

Neither program planners nor presenters have any commercial conflict of interest.

SWEET SUCCESS EXPRESS (SSE)

Is now a branch of Right Now Nursing CEs. SSE and RNNCEs have been collaborating forces with SSEP (Sweet Success Extension Program); you may recognize them as the conference management team for previous conference events.

This year again with the continued health and safety challenges we face, the annual conference will be a Live Virtual event, but you can alternatively register to receive the recorded sessions (there will be a one month limited viewing availability).

The “Live Virtual Event” gives you the opportunity to “attend”, and have access to our wonderful group of speakers for Q&A interchange.

Set aside two days in your schedule to devote to this exciting continuing education. Guest speakers will accept your questions during the live sessions and via e-mail, to allow for personal interaction.

OR, if your schedule fits better, register instead for the recorded version. (Speakers may be available for e-mail questions and interchange).

We realize there will be the ability to share these important resources, without registration, but understand that continuing education credits can be given only to those with paid registration, and who have returned a completed evaluation form. The viewing log in the appropriate system will verify attendance. We ask that you encourage your associates to support our unique efforts with regards to Diabetes education in pregnancy, by encouraging their separate registration.

SWEET SUCCESS EXPRESS has the goal to provide education you can use.

Education that makes a difference in the care of families affected by Diabetes in Pregnancy.

“JOIN” WHAT WE HOPE TO BE AN EXPANDED NATIONAL AUDIENCE

RNNCEs

RNNCEs is honoring previous SSEP memberships that have not yet expired. We are no longer renewing or taking new members into SSE. Present membership allows you complimentary printed and bound handout of this years conference presentations.

The continued goal is the improvement in outcomes and the quality of life for mothers with diabetes and their offspring. We still can provide both patient and professional education.

www.rnnces.com

Registration and conference details, including CA BOD CE credits, managed by Right Now Nursing CEs

