



**2022**

**26th National Research Conference**

**Pregnancy Complicated by  
Diabetes: Guiding Women  
through the Maze  
November 4-5, 2022**

**Live Virtual Format  
(also to be recorded)**

Live virtual  
sessions with live  
access to speakers for  
questions/answers.  
OR  
Recorded sessions with  
access to viewing for a  
limited time



*RNNCEs*

Conference Information and Registration  
Sweet Success Express - Right Now Nursing CE's, LLC  
419-570-6093 - [www.sweetsuccessexpress.org](http://www.sweetsuccessexpress.org)

## COURSE DESCRIPTION

### 26th Annual National Research Conference: Pregnancy Complicated by Diabetes: Guiding Women through the Maze

As we began planning this year's annual event, the status of Covid-19 and the new vaccines were uncertain.

For that reason we decided to again, as in 2021, a "live" virtual event.

Alternative: Recorded sessions for a limited viewing time.

Practitioners working in Women's Health and Obstetrics know that adding the co-morbidity of Diabetes complicates care. This annual conference has in the past had a stricter research focus, but we have decided on a more practical focus this year.

Families are faced with a multitude of care components that can seem like a complex maze. Then the "systems" in which we provide care can add obstacles, additional turns and dead ends. The coordination of the team within the system's complexities, but with a focus on the individual needs and resources of each family is likely difficult for us, but may be unmanageable for the family without direction. In order to obtain optimal care outcomes we must provide more than good education, we must guide women through the complex maze of care.

The conference development team also recognizes that the necessary virtual format allows an expansion of our reach nationally, and that alterations in health care provider availability and change over creates a need for a review of guidelines of care for pregnancy affected by diabetes, in order to improve outcomes.

The curriculum for this event will bring together expert speakers to provide a comprehensive update and review of current practice standards and contemporary specialty topics. Practical and relevant therapies and management strategies, including virtual provision, as well as evidence-based preventive interventions across the life stages will be covered. Concepts of prevention, intervention, self-management education, team management and treatment modalities and how to coordinate these components with women and families will be presented. The content is based on the work of SSEP, California Diabetes and Pregnancy Program (CDAPP) Sweet Success model of care, the current American Diabetes Association Standards of Medical Care, and recommendations and guidelines discussed by The American College of Obstetricians and Gynecologists and The Society for Maternal-Fetal Medicine.

The seminar is brought to you by the work of Sweet Success Express, an extension of the previous work of SSEP (Sweet Success Extension Program). SSEP had been recognized by diabetes and pregnancy leaders nationwide. Technical and management responsibilities for this event, contracted through Right Now Nursing CE, LLC (RNNCEs).

## Pregnancy Complicated by Diabetes: Guiding Women through the Maze

Live Virtual format on November 4 and 5, 2022

Alternative registration: Recorded sessions for purchase for a limited viewing time.

The Live Virtual option allows you live interaction/Q&A with the speakers.

An alternative registration option: Recorded Sessions allow viewing to meet your schedule (available starting November 14). Questions can be submitted to the speakers via e-mail, providing you remote Q&A access.

We encourage early registration and are offering Early Bird savings for registrations prior to October 10, 2022

Conference access for either option will be via e-mail. The conference will utilize the GoToWebinar.com and Filesanywhere.com platforms.

Technical management of the event will be handled by Right Now Nursing CE, LLC (RNNCEs).

If you wish to have a handout of the presentations you have two options as well: A pdf version by link that you may print; or you may order a Printed/Bound/Shipped handout book for an additional charge. (Be sure to register with enough time to receive materials). If you are a SSE member the printed and shipped handout will be sent complimentary. We ask that you respect that all materials are the property of the speaker.

**Continuing Education Certificate Provision:** Sent via e-mail after submission of the on-line evaluation, and log-in verification (registered within the system with log in).

## CONTINUING EDUCATION CREDITS

Nurses: Up to 17 Hrs Nursing BRN.

This program is designed to meet Board of Nursing CE requirements for license renewal in all 50 states. Right Now Nursing CE, LLC (RNNCEs) is a provider approved by the California Board of Registered Nursing. Provider #17583.

Physicians: Category II CME can be self submitted. RD/DTR: CPE Prior Approval applied for with the Commission on Dietetic Registration.

## CONFERENCE PRESENTATIONS

Live Times are Mountain Standard Time

### FRIDAY, NOVEMBER 4

- 7:45 Welcome and Introduction CINDY PARKE
- 8:00 Preconception: The often missed opportunity of prevention CINDY PARKE
- 9:00 Testing for GDM One step/Two step and Post Partum testing MARTHA KOLE-WHITE
- 10:00 Goals of treatment: The role of the Diabetic Educator: Management of complex time tables JULIA VACA
- 11:00 The Ins and Outs of remote glucose monitoring A Pharmacists perspective CHRISTINA INTESO
- 12:00 - 1:00 LUNCH BREAK
- 1:00 Helping patients to find access to affordable medications and delivery systems CHRISTINA INTESO
- 2:00 Continuous Glucose Monitoring, Insulin Pump Therapy JULIA VACA
- 4:00 Updates on Covid-19 infection and vaccines in pregnancy. KIRSTIE PERROTTA

## CONFERENCE PRESENTATIONS

LIVE Times are Mountain Standard Time

### SATURDAY, NOVEMBER 5

- 8:00 Medical Nutrition Therapy as a Base for Improving Health in Pregnancy and Beyond GEETHA RAO
- 9:00 Neonatal care specific to the pregnancy affected by Diabetes and an update on Covid 19, any cross morbidity? TRACY KARP
- 10:00 Guidelines for Oral Hypoglycemics as treatment for diabetes in pregnancy CHRISTOPHER NAU
- 11:00 L&D: Counseling and Planning: Delivery decisions/EFW/Labor management CHRISTOPHER NAU
- 12:00 - 1:00 LUNCH
- 1:00 Identification and Management of Comorbid conditions with Diabetes in Pregnancy JAMES BEDELL
- 2:00 Ultrasound and Other Testing: Managing complex treatment plans JAMES BEDELL
- 3:00 Sweet Dreams: The role of sleep in pregnancy and diabetes SARAH FARABI
- 4:00 What is the newest research telling us about carbohydrate and lipid control in pregnancy affected by diabetes? TERI HERNANDEZ

# COURSE OBJECTIVES

At the conclusion of this program the participant will be able to:

## Overall Objectives:

1. Examine the multiple components of care within their system of provision in order to seek ways to assist families to manage the maze of care.
2. Explore continued ways to acclimate and get ahead of the curve to make the greatest impact and influence in care.
3. Describe currently released evidence-based management strategies that can improve clinical outcomes.

## Specific Objectives:

- Reevaluate the opportunities for preconception care in the Postpartum time frame and primary care visits.
- Describe the idea of pregnancy as a window to future health and how diabetes fits into this paradigm.
- Review preconception care guidelines for women with diabetes and a history of Gestational Diabetes.
- Discuss early pregnancy diagnosis of GDM and Type 2 diabetes, and its impact on management strategies.
- Describe recommendations for diagnosing gestational diabetes during pregnancy.
- Define a comprehensive understanding of treatment goals in the care of women whose pregnancy is affected by diabetes.
- Describe how the lessons learned in diabetes care informs interventions to improve maternal mortality.
- Assess the changing times and how to pivot for optimal impact for in person and virtual appointments with remote glucose monitoring.
- Define remote patient monitoring (RPM).
- Discuss billing and reimbursement of RPM services.
- Explain how to implement RPM of glucose services in your practice.
- Review accessibility and insurance challenges for patients to obtain necessary medication and supplies for diabetes management: What the pharmacist can help with.
- Describe the use of continuous glucose monitoring and insulin pump therapy in the management of diabetes during pregnancy.
- Explain how hybrid closed loop insulin delivery systems work.
- Engage in analysis of CGM data and its interpretation.
- Describe the use of continuous subcutaneous insulin infusion devices.
- Discuss the risks to the fetus when the mother contracts Covid-19 during pregnancy.
- Explore the evidence regarding pregnancy and the Covid-19 vaccines.
- Describe the basic components of Medical Nutrition Therapy and education of both the family and practitioners for ability to manage.
- Identify challenges of nutrition management during pregnancy using televisits with Registered Dietitian.
- Describe safety considerations associated with low carbohydrate intake in pregnancy.
- List the current recommendations for care to newborns born to mothers active with Covid-19 (symptomatic or asymptomatic).
- Highlight the known effects of Covid-19 ~ does it cause congenital defects and/or congenital infection? Are pregnant diabetics at a higher risk?
- Compare the relative efficacy and safety of Insulin Metformin, and Glyburide for the treatment of Gestational Diabetes.
- Describe current guidelines for intrapartum care planning, counseling, and management for women with diabetes in pregnancy.
- Identify pregnancy-related comorbidities and the role of glycemic control in minimizing these comorbidities.
- Discuss the use of other testing means and modalities, including ultrasound, in the assistance of providing optimal care in pregnancy affected by diabetes.
- Discuss normal sleep in pregnancy and current evidence related to interventions to improve sleep in pregnancy.
- Analyze current research related to sleep disturbance in pregnancy (with focus on pregnancies complicated by diabetes).
- Discuss the range of carbohydrate and lipid intake in pregnancy suggested by current evidence.

# FACULTY

Bedell, James L., DO: Modesto, CA.

Farabi, Sarah Schwarz, PhD, RN: Assistant Professor Goldfarb School of Nursing; Assistant Professor of Clinical Medicine Washington University School of Medicine, St. Louis, MO

Hernandez, Teri, PhD, RN: Professor and Associate Dean for Research and Scholarship, University of Colorado College of Nursing, Department of Medicine, Division of Endocrinology, Metabolism, & Diabetes, Nurse Scientist | Children's Hospital Colorado, Associate Director, CCTSI Early Life Exposure Research Program, Denver, CO

Inteso, Christina, PharmD, BCACP, CDCES: Endocrinology Clinical Pharmacy Specialist, Cleveland Clinic Foundation, Cleveland, OH

Karp, Tracy, MS, NNP-BC: Neonatal Nurse Practitioner, Educator and Consultant. Salt Lake City, UT

Kole-White, Martha B., MD: Assistant Professor of Obstetrics and Gynecology Alpert Medical School of Brown University Division of Maternal Fetal Medicine Maternal-Fetal Medicine; Women & Infants Hospital and Rhode Island Hospital, Providence, RI

Nau, Christopher, MD:

Parke, Cindy, RNC, CNM, MSN: Right Now Nursing CE's, Director of Education, Toledo, OH

Perrotta, Kirstie, MPH: Teratogen Information Specialist, MotherToBaby California, Member of Organization of Teratology Information Specialists (OTIS) and San Diego Immunization Coalition (SDIC) Steering Committee, San Diego, CA

Rao, Geetha, MS, RD, CDCES, CPT, CLE, CDTC: Clinical Dietitian/ Certified Diabetes Educator, Vida Healthcare, Member SSEP BOD, Spring, TX

Vaca, Julia, RN, BSN, CDOE: Diabetic Educator/Coordinator, Women & Infants Hospital, Division of Maternal Fetal Medicine, Providence Rhode Island

## PROGRAM PLANNERS

Joann Henry, RNC, MSHS - Advisor

Cindy Parke, RNC, CNM, MSN - Program Planner;  
Conference Director/Organizer

Julie Daley, RN, MS, CDE - Program Planner, Advisor

Kimberly Maurer, LPN, BASc., PCM, CPI: Conference Organizer  
Nathan Parke, CEO RNNCEs: Technical Consultant, Virtual Coordinator



REGISTRATION: Pregnancy Complicated by Diabetes: Guiding Women through the Maze  
Live Virtual event on November 4 -5, 2022 OR Recorded after November 11

NAME \_\_\_\_\_  
License# \_\_\_\_\_  
 MD  DO  CNM  RN  CDCES  RD  RD/LDN  MSW/LCSW  
My clinical practice area is: \_\_\_\_\_  
HOME Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Day Phone (\_\_\_\_\_) \_\_\_\_\_  
E-mail address: \_\_\_\_\_

EASY REGISTRATION:  
Register on-line with CC  
[rnncces.com/diabetes-in-pregnancy/](http://rnncces.com/diabetes-in-pregnancy/)  
OR  
email: [info@rnncces.com](mailto:info@rnncces.com) for an invoice to pay  
OR  
Mail Your Registration To:  
6725 W. Central Ave.  
Suite M, PMB 327  
Toledo, OH 43617  
OR  
call 419-570-6093 9A-3P ET M-F

REGISTRATION OPTIONS:

- LIVE VIRTUAL MAIN CONFERENCE Early Bird Registration (before 10/8/22) \$315: \$180 for a one day registration
- RECORDED CONFERENCE LINKS Early Bird Registration (before 10/8/22) \$315: \$180 for a one day registration
- REGULAR REGISTRATION FEE for EITHER OPTION (AFTER 10/8/22 \$345: \$210 for a one day registration
- PRINTED/BOUND/MAILED HANDOUT. To ensure timely delivery must order before 10/21/22) ADD \$4EB/50Reg

PROGRAM FEES & DISCOUNTS: Insert Appropriate Fee(s) below

CHECKOUT:

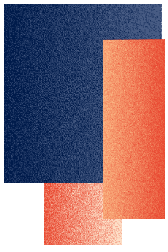
If you wish to check out with this form instead of doing an online registration and payment, this is the information we will need. DO NOT MAIL THIS FORM.  
Please email [info@rnncces.com](mailto:info@rnncces.com) and request a return email that will be used to collect the information below, then a Pay Pal invoice will be generated.

Previous SSEP/SSE MEMBER MBR# \_\_\_\_\_  
Conference membership bonus: 2 complimentary printed and bound handouts mailed.  
OR Join Now and receive this membership bonus (\$65) \$ \_\_\_\_\_

CONFERENCE REGISTRATION: Save\$\$ with Early Bird Registration: Before 10/8/22  
\_\_ Two Days (\$315) \_\_ Day One only (\$180) \_\_ Day Two only (\$180) \$ \_\_\_\_\_  
Printed/Bound/Mailed Handout Add \$40 (Unless you are a member, then N/C ) \$ \_\_\_\_\_

Regular Registration on or after October 8, 2022 \$ \_\_\_\_\_  
\_\_ Two Days (\$345) \_\_ Day One only (\$210) \_\_ Day Two only (\$210) \$ \_\_\_\_\_  
Printed/Bound/Mailed Handout Add \$50 (Unless you are a member, then N/C ) \$ \_\_\_\_\_

Check payable to RNNCEs TOTAL DUE \$ \_\_\_\_\_  
Mail to RNNCEs; 6725 W. Central Ave, Suite M, PMB 327, Toledo, OH 43617



**2022 Diabetes & Pregnancy Conference**  
**Perinatal Diabetes:**  
**Pregnancy Complicated by Diabetes: Guiding Women through the Maze**  
**November 4-5, 2022**

**WHO SHOULD “ATTEND”?**

**Physicians & Midwives - Residents in  
Medicine, OB, Peds - All OB Nurses -  
OB Office & Clinic Staff  
Diabetes Educators - Social Workers -  
RDs -Students in Nursing and Dietetics -  
CDCES needing renewal credits**

CANCELLATION POLICY: Up to 10 days before the program choose: Registration fee refund minus \$50 fee, with return of the handout. Cancellation within 2 days of live event: no monetary refund, replace registration with recorded webinar option. Conference management reserves the right to substitute a qualified speaker(s) in response to emergency circumstances beyond our control.

Neither program planners nor presenters have any commercial conflict of interest.

**SWEET SUCCESS EXPRESS (SSE)**

Is now a branch of Right Now Nursing CEs. SSE and RNNCEs have been collaborating forces with SSEP (Sweet Success Extension Program); you may recognize them as the conference management team for previous conference events.

This year again with the continued health and safety challenges we face, the annual conference will be a Live Virtual event, but you can alternatively register to receive the recorded sessions (there will be a one month limited viewing availability).

The “Live Virtual Event” gives you the opportunity to “attend”, and have access to our wonderful group of speakers for Q&A interchange.

Set aside two days in your schedule to devote to this exciting continuing education. Guest speakers will accept your questions during the live sessions and via e-mail, to allow for personal interaction.

Or, if your schedule fits better, register instead for the recorded version. (Speakers may be available for e-mail questions and interchange).

We realize there will be the ability to share these important resources, without registration, but understand that continuing education credits can be given only to those with paid registration, and who have returned a completed evaluation form. The viewing log in the appropriate system will verify attendance. We ask that you encourage your associates to support our unique efforts with regards to Diabetes education in pregnancy, by encouraging their registration.

SWEET SUCCESS EXPRESS has the goal to provide education you can use.

Education that makes a difference in the care of families affected by Diabetes in Pregnancy.

“JOIN” WHAT WE HOPE TO BE AN EXPANDED NATIONAL AUDIENCE

**RNNCEs**

RNNCEs is honoring previous SSEP memberships that have not yet expired. We are also welcoming renewal and new members into SSE.

Membership allows for certain product and conference discounts, access to the Guidelines at a Glance series and savings on the modules from that series that allow study and CE credits. In the closing of SSEP the quarterly newsletter has not been published, but hopefully will be by Q3 of this year. The continued goal is the improvement in outcomes and the quality of life for mothers with diabetes and their offspring

[www.rnnces.com](http://www.rnnces.com)

Registration and conference details, including CA BOD CE credits, managed by Right Now Nursing CEs

